Solutions to Performance Problems in VoIP Over a 802.11 Wireless LAN

Wei Wang, Soung C. Liew, and VOK Li, "Solutions to Performance Problems in VoIP over a 802.11 Wirel

"Solutions to Performance Problems in VoIP over a 802.11 Wireless LAN," IEEE Transactions On Vehicular Technology, Jan. 2005.

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Outline

- Introduction
- VoIP M-M scheme
- Capacity analysis
- Delay performance
- VoIP coexisting with TCP interference traffic
- Conclusion
- Discussion

- VoIP over WLAN: Two major technical problems need to be solved
 - Capacity for voice can be quite low in WLAN.
 - the added packet-header overheads as the short VoIP packets traverse the various layers of the standard protocol stack.
 - the inefficiency inherent in the WLAN medium-access control (MAC) protocol
 - VoIP traffic and data traffic (from traditional applications such as Web, e-mail, etc.) can interfere with each other and bring down VoIP performance.

A typical VoIP packet at the IP layer consists of 40-B IP/UDP/RTP headers and a payload ranging from 10 to 30 B, depending on the codec used.

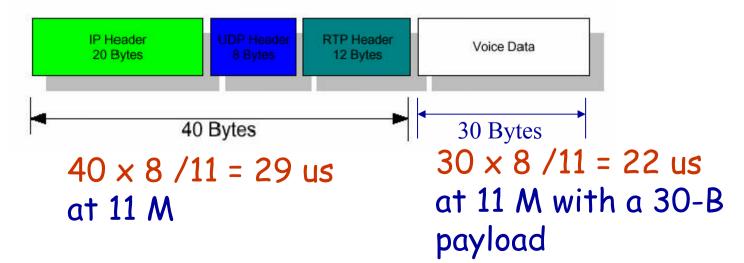


TABLE I ATTRIBUTES OF COMMONLY USED CODECS

| Codec | GSM 6.10 | G.711 | G.723.1 | G.726-32 | G.729 |
|-----------------------|-------------|-------|---------|----------|-------|
| Bit rate (Kbps) | 13.2 | 64 | 5.3/6.3 | 32 | 8 |
| Framing interval (ms) | 20 | 20 | 30 | 20 | 10 |
| Payload (Bytes) | 33 | 160 | 20/24 | 80 | 10 |
| Packets /sec | 50 | 50 | 33 | 50 | 50* |

^{*}For all codecs except G.729, Packets/sec = 1 / (Framing interval). For G.729, two frames are combined into one packet so that Packets/sec = 1/(2* Framing interval)

- The 802.11 MAC/PHY layers have additional overhead of more than 800 us.
 - physical preamble, MAC header, MAC backoff time, MAC acknowledgment (ACK), and intertransmission times of packets and acknowledgment(IFS).
- As a result, the overall efficiency drops to less than 3%.

- This paper propose a voice multiplexmulticast (M-M) scheme for overcoming the large overhead effect of VoIP over WLAN.
 - not require modifications on the 802.11 hardware and firmware at the client stations.

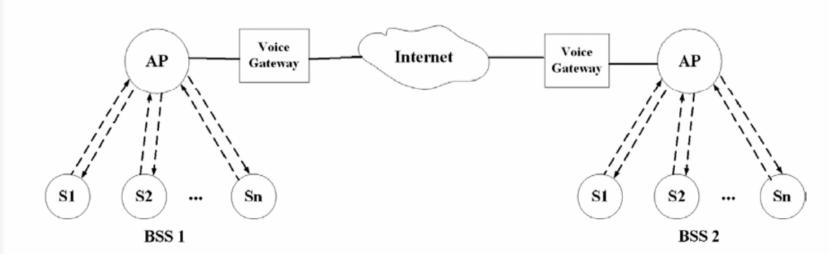
- In an enterprise WLAN or public WLAN hotspot, supporting VoIP becomes even more complicated, since the WLAN needs to simultaneously support other applications besides VoIP.
 - It will cause unacceptably large increases in the delay and packet-loss rate of VoIP traffic.

- Two complementary schemes proposed for solving the performance problem when there is coexisting TCP traffic in the WLAN.
 - PQ(Priority Queuing)
 - MMP(MAC-layer multicast priority)

The solutions only require some minor modifications at the AP.

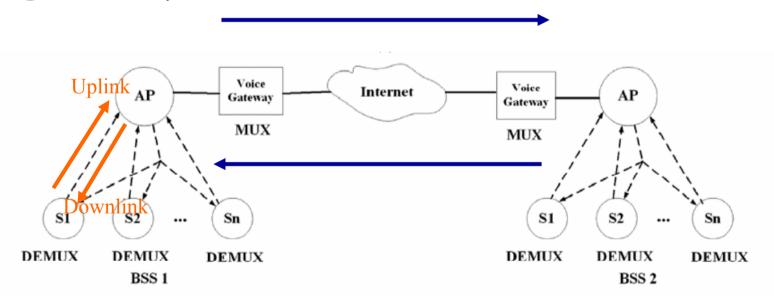
System Architecture

This paper focuses on infrastructure BSSs. We assume that all voice streams are between stations in different BSSs, since users seldom call their neighbors in the same BSS.



System Architecture

 voice multiplexer resides in the voice gateway.



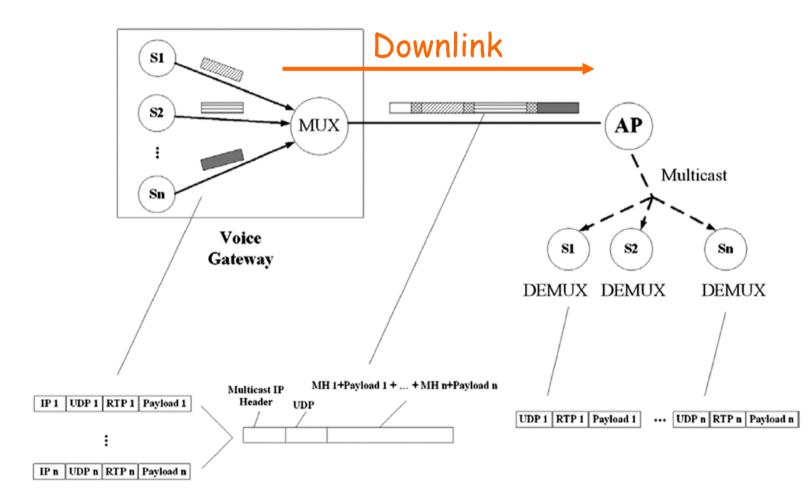


Fig. 3. MUX/DEMUX procedure.

- The main idea of the packet M-M scheme is to combine the data from several downlink streams into a single larger packet.
 - In this way, the overheads of multiple VoIP packets can be reduced to the overhead of one packet.
 - Then we use multicast to transmit this multiplexed packet so that all the stations can receive it by a single transmission.

- All the stations will use the normal unicasting to transmit uplink streams.
- We see that this scheme can reduce the number of VoIP streams in one BSS from 2n to n+1, where n is the number of VoIP sessions. (uplink n+ downlink n = 2n, M-M uplink n + downlink 1)

- The MUX sends out a multiplexed packet every T ms, which is equal to or shorter than the VoIP interpacket interval.
- Larger values of T can improve bandwidth efficiency, since more packets can be multiplexed, but the delay incurred will also be larger.
 - the tradeoff between bandwidth efficiency and delay

- security
- power-saving mode

Header Compression

With this Header Compression scheme the RTP+UDP+IP header can be replaced with a 2-B miniheader(MH) for most voice packets.

H. P. Sze, S. C. Liew, J. Y. B. Lee, and D. C. S. Yip, "A multiplexing scheme for H.323 voice-over-IP applications," *IEEE J. Sel. Areas Commun.*, vol. 20, no. 9, pp. 1360–13 Sep. 2002.

- Let n be the maximum number of sessions that can be supported.
- The transmission times for downlink and uplink packets are Tdown and Tup, respectively.

VoIP Capacity Analysis for 802.11b

- Let Tavg be the average time between the transmissions of two consecutive packets in a WLAN.
 - That is, in 1 s, there are totally 1/Tavg packets transmitted by the AP and all the stations.

 $1/T_{\rm avg}$ = number of streams * number of packets sent by one stream in 1 s. (1)

VoIP Capacity Analysis for 802.11b

- Capacity of Ordinary VoIP Over WLAN:
 - For a VoIP packet, the header overhead OHhdr consists of the headers of RTP, UDP, IP, and 802.11 MAC layer

$$OH_{hdr} = H_{RTP} + H_{UDP} + H_{IP} + H_{MAC}.$$
 (2)

 $(H_{RTP} + H_{UDP} + H_{IP} = 40B, H_{MAC} = 24B)$

VoIP Capacity Analysis for 802.11b

 At the MAC layer, the overhead incurred at the sender is

$$OH_{sender} = DIFS + averageCW + PHY.$$
 (3)

 $(DIFS = 50us, averageCW = 20us \times (32-1)/2, PHY = 192us)$

If it is the unicast packet, the overhead incurred at the receiver is

$$OH_{receiver} = SIFS + ACK$$
 (4)

(SIFS = 10us, ACK = 248us)

VoIP Capacity Analysis for 802.11b

■ Therefore, we have

$$T_{\text{down}} = T_{\text{up}} = (\text{Payload} + |\text{OH}_{\text{hdr}}) * 8/\text{dataRate} + \text{OH}_{\text{sender}} + \text{OH}_{\text{receiver}}.$$
 (5)

VoIP Capacity Analysis for 802.11b

In the ordinary VoIP case, we have n downlink and n uplink unicast streams. On average, for every downlink packet, there is a corresponding uplink packet. Therefore

$$T_{\text{avg}} = (T_{\text{down}} + T_{\text{up}})/2. \tag{6}$$

From (1), we have

$$1/T_{\text{avg}} = 2n^* N_p \tag{7}$$

where Np is the number of packets sent by one stream per secon

- For 802.11b, The data Rate is 11 Mb/s. Solving (7), we get 11.2(when GSM 6.10 is used).
- We see that 802.11b WLAN can only support around 11 VoIP sessions from the analysis.

- Capacity of the M-M Scheme Over WLAN:
 - In this case, the RTP, UDP, and IP header of each un-multiplexed packet is compressed to 2 B.
 - n packets are aggregated into one packet and they share the same header overhead, which includes UDP, IP, and MAC headers of the multiplexed packet.

- There is no RTP header in the multiplexed packet.
- In addition, since the multiplexed packet is sent using multicast, it does not have OHreceiver

$$T_{\text{down}} = [(\text{Payload} + 2)^* n + H_{\text{UDP}} + H_{\text{IP}} + H_{\text{MAC}}]$$

$$*8/\text{dataRate} + \text{OH}_{\text{sender}}. \quad (8)$$

VoIP Capacity Analysis for 802.11b

 on average, for one downlink packet, there are totally n corresponding uplink packets. We have

$$T_{\text{avg}} = (T_{\text{down}} + n * T_{\text{up}})/(n+1) \tag{9}$$

 where Tup is the same as (5). Solving (8) and (9) with

$$1/T_{\text{avg}} = (n+1)^* N_p \tag{10}$$

• we get n = 21.2.

Capacity Analysis VoIP Capacity Analysis for 802.11b

TABLE III VoIP CAPACITIES ASSUMING DIFFERENT CODECS

| Codecs | Ordinary VoIP | Multiplex-Multicast Scheme | |
|-----------|---------------|-------------------------------|--|
| GSM 6.10 | 11.2 | 21.2 | |
| G.711 | 10.2 | 17.7 | |
| G. 723.1 | 17.2 | 33.2 | |
| G. 726-32 | 10.8 | 19.8 | |
| G. 729 | 11.4 | 21.7 | |

- **802.11a**
 - uses the same MAC protocol as 802.11b
 - but with a different set of parameters.
 - the PHY preamble, and the contention time slot are shorter
 - the maximum data rate is much larger (see Table IV)
 - it is not compatible with 802.11b

- 802.11*g*
 - the same maximum data rate as 802.11a
 - 802.11g only mode
 - timing spaces even smaller than when those in 802.11a are used (Table IV)
 - 802.11b-compatible mode
 - the DIFS, SIFS, and contention slot time are the same as those in 802.11b
 - 802.11g has to enable "protection".

TABLE IV
PARAMETER VALUES OF 802.11a AND 802.11g

| | 802.11a | 802.11g | | |
|-----------------------------|--------------------------------------|--------------------------------------|---|--|
| | 802.11a | 802.11g-only | 802.11b-compatible | |
| DIFS | 34 us | 28 us | 50 us | |
| SIFS | 16 us | 10 us | 10 us | |
| Slot Time | 9 us | 9 us | 20 us | |
| CWmin | 16 | 16 | 16 | |
| RTS | 14 bytes | 14 bytes | 14 bytes | |
| CTS | 14 bytes | 14 bytes | 14 bytes | |
| Supported Data Rates | 6, 9, 12, 18, 24, 36, 48, 54 Mbps | 6, 9, 12, 18, 24, 36, 48, 54 Mbps | 1, 2, 5.5, 11, 6, 9, 12, 18, 24, 36, 48, 54 Mbps | |
| Basic Rate | N/A | N/A | 2 Mbps | |
| PHY for protection frames * | N/A | N/A | 192 us | |
| PHY for other frames | 20 us | 20 us | 20 us | |
| ACK frame | 24 us | 24 us | 24 us | |

^{*} Protection frames are RTS, CTS frames used in 802.11b-compatible mode of 802.11g

| MAC | Ordinary VoIP | Multiplex-Multicast Scheme | Percentage Improved |
|---|---------------|-------------------------------|---------------------|
| 802.11b (11 Mbps) | 11.2 | 21.2 | 89.3% |
| 802.11a (54 Mbps) | 56.4 | 108.8 | 92.9% |
| 802.11a (36 Mbps) | 53.9 | 102.9 | 90.9% |
| 802.11a (18 Mbps) | 47.8 | 88.4 | 84.9% |
| 802.11g-only (54 Mbps) | 60.5 | 116.5 | 92.6% |
| 802.11g-only (36 Mbps) | 57.7 | 109.7 | 90.1% |
| 802.11g-only (18 Mbps) | 50.7 | 93.4 | 84.2% |
| 802.11g with CTS-to-self protection (54 Mbps) | 18.9 | 36.6 | 93.7% |
| 802.11g with CTS-to-self protection (36 Mbps) | 18.6 | 35.9 | 93.0% |
| 802.11g with CTS-to-self protection (18 Mbps) | 17.9 | 33.9 | 89.4% |
| 802.11g with RTS-CTS protection (54 Mbps) | 12.7 | 24.3 | 91.3% |
| 802.11g with RTS-CTS protection (36 Mbps) | 12.5 | 24.0 | 92.0% |
| 802.11g with RTS-CTS protection (18 Mbps) | 12.2 | 23.1 | 89.3% |

- when 802.11g needs to be compatible with 802.11b, the capacity decreases drastically.
- when 802.11g adopts RTS-CTS protection, the capacity is not much higher than that in 802.11b

VoIP Capacity Analysis for 802.11a and 802.11g

This shows that the higher data rate of 802.11g fails to bring about a corresponding higher VoIP capacity if compatibility with 802.11b is to be maintained.

- 54-Mb/s data rate for 802.11a and 11g may not be very reasonable, because the coverage area is very small.
- 802.11b has advantages on cost, size, & power consumption, so will continue to be popular, especially with PDA's, phones.

VoIP Capacity With VBR Sources

- VoIP Capacity With VBR Sources:
 - The VBR VoIP capacity is simply

$$C_{\text{VBR}} = C_{\text{CBR}}/\rho \tag{1|1}$$

- where C_{CBR} is the capacity for CBR source, P = ON(1)/(ON(1) + OFF(1.35)) = 42.5%. The ordinary VBR VoIP capacity is 11.2/42.5% = 26.3 and the M-M VBR VoIP capacity is 21.2/42.5% = 49.8.
- P. Brady, "A model for generating on-off speech patterns in two-was conversation," *Bell Syst. Tech. J.*, vol. 48, no. 7, pp. 2245–2272, 19

- In the simulations, we only consider the local part of the network, since our focus is on WLAN, not the Internet.
- The simulator ns-2 is used.
- We define the system capacity to be the number of VoIP sessions that can be supported while maintaining the packet-loss rate of every stream to be below 1%.

Capacity Analysis Simulations

TABLE VI

ANALYSIS VERSUS SIMULATION: CAPACITY OF ORDINARY VOIP AND M–M SCHEMES ASSUMING GSM 6.10 CODEC

| Different Schemes | CBR | | VBR | | |
|-------------------------------|----------|------------|----------|------------|--|
| | Analysis | Simulation | Analysis | Simulation | |
| Original VoIP | 11.2 | 12 | 26.3 | 25 | |
| Multiplex-Multicast Scheme | 21.2 | 22 | 49.8 | 36* | |

^{*} After applying the method proposed in Section VI, the capacity is actually 46 with loss and delay metric

- For ordinary VoIP over WLAN, the simulations yield capacities of 12 and 25 for CBR and VBR, respectively. These results match the analysis very well.
- We also tried to increase the number of sessions by one beyond the capacity. We observed that this leads to a large surge in packet losses for the downlink streams.

- With M-M scheme, the CBR capacity can be improved to 22, which matches the analysis quite well.
- The VBR capacity can only be improved to 30 which is far below the result of analysis.

- In the analysis we have ignored collisions.
- Thanks to link-layer ARQ, unicast frame can tolerate several collisions before being discarded.
- The lack of ARQ causes multicast packets in the M-M scheme to experience a high packet loss rate, especially when the voice sources are VBR.

- It can be solved by applying a minor modification on the AP MAC layer to reduce the collision probability of multicast frames.(MMP)
- This modification allows the M-M VBR VoIP scheme to have capacity of 46, which is closer to the analytical result in Table VI.

Delay Performance

Access Delay

- To provide good voice quality, besides low packet-loss rates, we also need to consider the delay performance.
 - Access delay
 - a VoIP packet is the time from when the packet is generated(arrival) until it leaves the interface card (Queue).
 - Local delay
 - MUX delay
 - With a multiplexing interval of 20 ms, Ex. the MUX delays are distributed between 0 and 20 ms.

Delay Performance

Access Delay

- In this paper, we set a requirement that no more than 1% of the downlink or uplink VoIP packets should suffer a local delay of more than 30 ms.
- When there is no other non-VoIP traffic, the quality of servive (QoS) of VoIP in terms of loss rate and delay is good enough for both ordinary and M-M VoIP.

Delay Performance Access Delay

TABLE VII
ACCESS-DELAY DISTRIBUTION FOR ORDINARY VBR VoIP WHEN SYSTEM CAPACITY IS FULLY USED

| | Access delay for the AP (Local delay for downlink VoIP packets) | | Access delay for the station (Local delay for uplink VoIP packets) | | |
|-------------------|---|---------|--|---------|--|
| | CBR(12) | VBR(25) | CBR(12) | VBR(25) | |
| $Pr[A \le 10ms]$ | 1 | 0.900 | 0.999 | 1 | |
| $\Pr[A \le 30ms]$ | 1 | 0.990 | 1 | 1 | |
| $\Pr[A \le 50ms]$ | 1 | 1 | 1 | 1 | |

Delay Performance

Extra Delay Incurred by the M-M Scheme

TABLE VIII
DELAY DISTRIBUTIONS FOR THE M–M SCHEME WHEN SYSTEM CAPACITY IS FULLY USED

| Access delay for the AP plus MUX delay in the MUX (Local delay for the downlink VoIP packet) | | Access delay for the station (Local delay for the uplink VoIP packet) | | | |
|--|---------|---|--------------------|---------|---------|
| | CBR(22) | VBR(36) | | CBR(22) | VBR(36) |
| $\Pr[M + A \le 0.01s]$ | 0.455 | 0.447 | $\Pr[A \le 0.01s]$ | 0.996 | 1 |
| $\Pr[M + A \le 0.02s]$ | 0.955 | 0.947 | $\Pr[A \le 0.02s]$ | 1 | 1 |
| $\Pr[M + A \le 0.03s]$ | 1 | 1 | $\Pr[A \le 0.03s]$ | 1 | 1 |

- So far, we have considered VoIP without other coexisting traffic in the WLAN.
- To make room for the TCP traffic, the number of VoIP sessions should be limited to below the VoIP capacity derived in the previous sections.
- In addition, the fluctuations of the TCP traffic will also affect the QoS of VoIP.

- TCP generates two-way traffic in the WLAN.
 - After the sender's TCP DATA packets must be acknowledged by receiver's TCP ACK packets.
 - Although the payload of TCP ACK is small, transmission of TCP ACK can consume a considerable amount of bandwidth due to the header and other overheads.

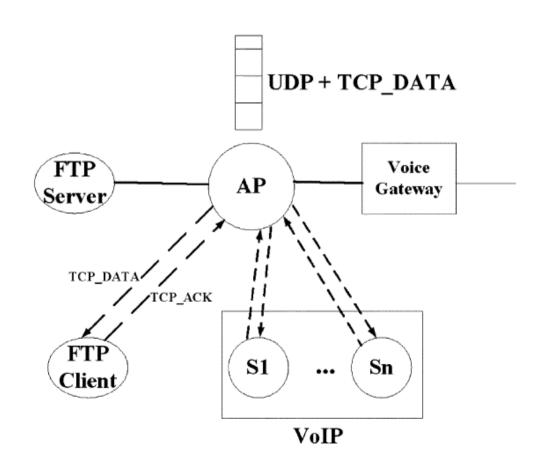


Fig. 8. Setup for experimental studies of VoIP–TCP interference.

TABLE IX
PERFORMANCE OF ORIDNARY VoIP WHEN SIX VoIP SESSIONS COEXISTS WITH ONE TCP CONNECTION

| Access delay / jitter of the AP (ms) | Access delay / jitter of the station (ms) | VoIP downlink packet loss rate | VoIP uplink packet loss rate | TCP throughput (Mbps) |
|--------------------------------------|---|--------------------------------|------------------------------|-----------------------|
| 83.9 / 15.6 | 2.3 / 3.0 | 1.0 % | 0 | 2.55 |

- As can be seen, the voice quality is unacceptable even when there is only one TCP interference connection.
- Solutions: A natural solution to the problem is priority queuing (PQ), in which voice packets are given priority over the TCP packets within the AP buffer.

Ordinary VoIP Coexisting With TCP Over WLAN

■ The performance gain for VoIP is not at the expense of TCP throughput.

TABLE X
PERFORMANCE OF ORDINARY VOIP WHEN SIX VOIP SESSIONS COEXIST WITH ONE TCP CONNECTION WITH PRIORITY QUEUING AT THE

| Access delay / jitter of the AP (ms) | Access delay / jitter of the station (ms) | VoIP downlink packet loss rate | VoIP uplink packet loss rate | TCP throughput (Mbps) |
|--------------------------------------|---|--------------------------------|------------------------------|-----------------------|
| 3.0 / 1.5 | 2.6 / 2.2 | 0.01 % | 0 | 2.55 |

TABLE XI
PERFORMANCE OF M–M WHEN SIX VoIP SESSIONS COEXIST WITH ONE TCP CONNECTION, WITH VARIOUS ENHANCEMENT SCHEM

| | Access delay / jitter of the AP (ms) | Access delay / jitter of the station (ms) | VoIP downlink loss rate | VoIP uplink loss rate | TCP throughput (Mbps) |
|-----------------|--|---|-------------------------------|-----------------------------|-----------------------------|
| M-M | 42.7 / 19.2 | 4.5 / 6.2 | 10.8 % | 0 | 3.46 |
| M-M+PQ | 4.3 / 2.4 | 4.7 / 6.2 | 12.2 % | 0 | 3.49 |
| M-M + MMP | 17.2 / 14.5 | 4.4 / 5.2 | 0 | 0 | 3.47 |
| M-M + PQ+MMP | 2.7 / 2.1 | 4.6 / 5.8 | 0 | 0 | 3.47 |

M-M VoIP Coexisting With TCP Over WLAN

With the M-M scheme, The TCP throughput is higher. This is because the downlink VoIP packets are multiplexed into fewer multicast packets, leaving more bandwidth to TCP.

M-M VoIP Coexisting With TCP Over WLAN

• Although the delay problem is solved, the loss rate remains excessively high. This is because the packet losses are caused by collisions with uplink unicast packets, not buffer overflow.

- the solution as the MAC-layer multicast priority scheme (MMP).
- To reduce collisions, we must give priority to the AP multicast packets over unicast packets from other nodes. This requires us to look into the CSMA/CA scheme of 802.11 to find a solution.

- With MMP, when the AP has a multicast frame to transmit, instead of waiting for DIFS and then a contention backoff period, it just waits for a MIFS before transmission.
- The value of MIFS should be a value less than DIFS, but larger than SIFS.
- we set MIFS to be 30 us.

TABLE XII
PERFORMANCE OF M–M WHEN 11 M–M VoIP COEXIST WITH ONE TCP CONNECTION, WITH VARIOUS ENHANACEMENT SCHEM

| | Access delay / jitter of the AP (ms) | Access delay / jitter of the station (ms) | VoIP downlink loss rate | VoIP uplink loss rate | TCP throughput (Mbps) |
|-----------------|--|---|-------------------------------|-----------------------------|-----------------------------|
| M-M | 32.5 / 25.8 | 6.6 / 10.2 | 15.6 % | 0 | 2.55 |
| M-M + PQ | 4.5 / 3.2 | 6.7 / 13.5 | 12.0 % | 0 | 2.54 |
| M-M + MMP | 20.3 / 21.7 | 8.9 / 20.8 | 0.2 % | 0 | 2.54 |
| M-M + PQ+MMP | 2.9 / 2.7 | 5.8 / 7.2 | 0 | 0 | 2.54 |

CONCLUSION

- This paper investigates two critical technical problems in VoIP over WLAN
 - low VoIP capacity in a WLAN
 - unacceptable VoIP performance in the presence of coexisting traffic from other applications.

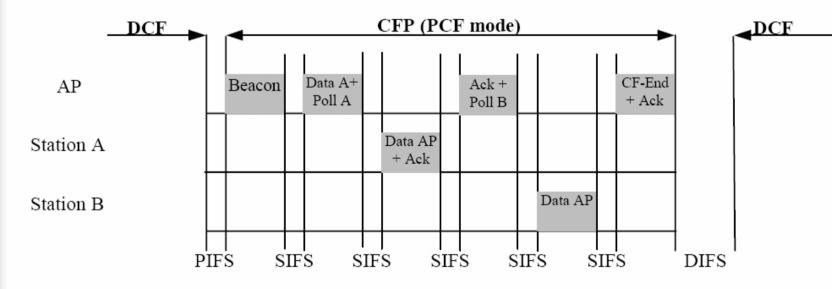
CONCLUSION

- This paper shows that a M-M scheme can improve the VoIP capacity by close to 100%.
- The performance is unacceptable when there is coexisting TCP traffic in the WLAN
 - PQ.
 - MMP

- VBR(?)+TCP(?)
- CBR(?)+VBR(?)+TCP(?)
 - Optimal CBR+VBR+TCP

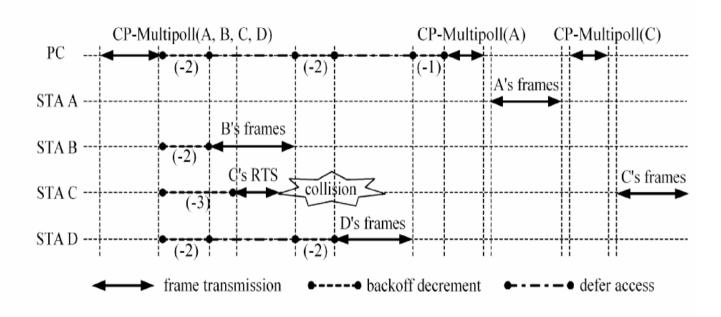
- Capacity for voice can be quite low in WLAN.
 - Multiplexer-Multicast.
 - · Packet assemble/de-assemble.
 - Complexity.
 - Local Delay.
 - Header Compression.

- VoIP traffic and data traffic (from traditional applications such as Web, email, etc.) can interfere with each other and bring down VoIP performance.
 - Priority Queuing.
 - Reduce/Avoid Collision.
 - PCF+DCF(Scheduling).
 - · Back-off Contention Windows.
 - Inter-frame Space.

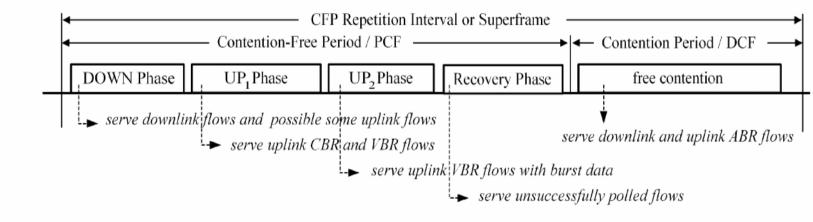


Polling mechanism in PCF.

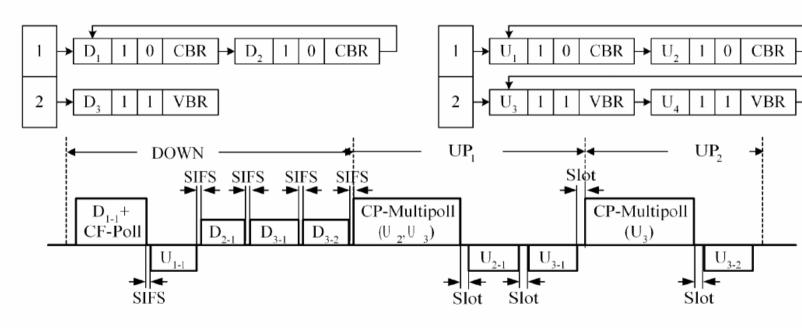
D: Downlink U: Uplink



An example of CP-Multipoll.



Our proposed scheduling model.



An example of the polling schedule.

- Reduce/Avoid Collision
 - PCF.
 - Contention Windows.
 - Inter-frame Space.
- Priority Queuing
 - Classification.
 - Scheduling.
- Admission Control

Problems with DCF and PCF

PROBLEM WITH DCF:

- Hard to implement QOS
- Poor performance under heavy load conditions
- Low bandwidth
- Limited number of VoIP connections

PROBLEM WITH PCF:

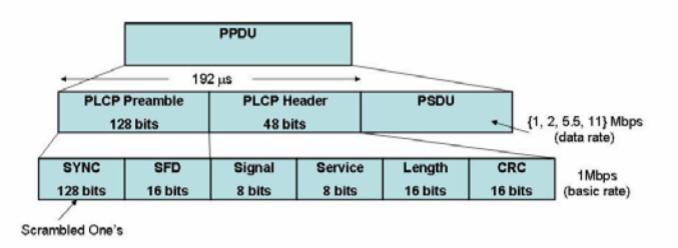
- AP keeps polling regardless of whether data is available for transmission
- When no of stations in the BSS is large -polling overhead is large.
- Without service differentiation-poor performance
- Support for PCF is not so commonly available

Long Preamble

- Long Preamble In a "noisy" network environment, the Preamble Type should be set to Long Preamble.
- Short Preamble The Short Preamble is intended for applications where minimum overhead and maximum performance is desired. In a "noisy" network environment, the performance will be decreased, if Short Preamble is used

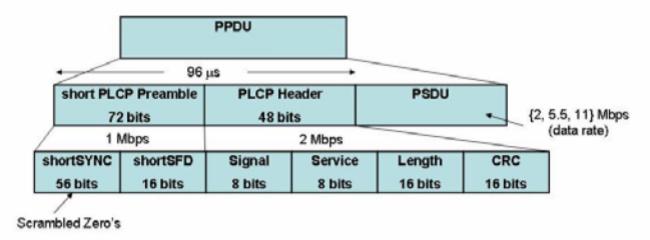
short preamble

 The short preamble option improves throughput.performance while long preamble provides better synchronization.



Depletization on WI AN DIIV law out with I one Departule and Headon

short preamble



Packetization op WLAN PHY layer with Short Preamble and Header

Background IEEE 802.11

There are two access mechanisms specified in the IEEE 802.11 standards distributed coordination function (DCF) and point coordination function (PCF).

Background **IEEE** 802.11

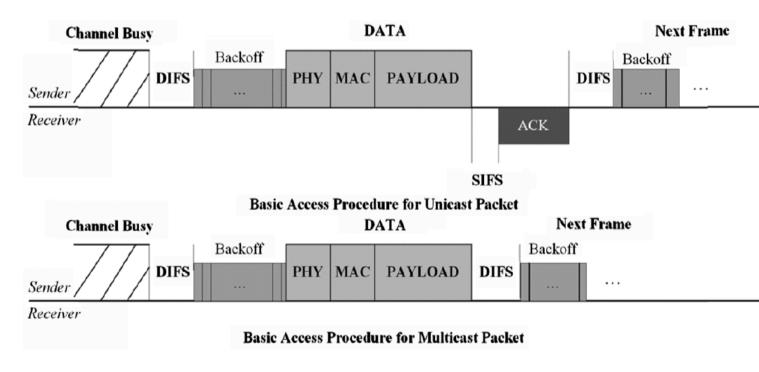


Fig. 1. Basic operation of 802.11 DCF.

Background IEEE 802.11

TABLE II PARAMETER VALUES OF 802.11b DCF

| DIFS | 50 μsec |
|-------------|--------------------|
| SIFS | 10 μsec |
| Slot Time | 20 μsec |
| CWmin | 32 |
| CWmax | 1023 |
| Data Rate | 1, 2, 5.5, 11 Mbps |
| Basic Rate | 2 Mbps |
| PHY header* | 192 μsec (96us) |
| MAC header | 34 bytes |
| ACK* | 248 μsec |

^{*} PHY header is transmitted at 1 Mbps, ACK shown above is actually ACK frame + PHY header. The ACK frame is 14 bytes and is transmitted at basic rate, 2 Mbps, regardless of the data rate.